

Nottingham Girls High School Summer Week 3 2018

Monday	Tuesday	Wednesday	Thursday	Friday
Chef's Choice of The Day	Chef's Choice of The Day	Chef's Choice of The Day	Chef's Choice of The Day	Chef's Choice of The Day
Beef Stir Fry Beef stir fry packed full of fresh vegetables and served in an aromatic Asian style sauce and noodles	Cheesy Smoked Haddock Steamed smoked haddock served with wilted spinach leaves and topped with a rich Cheddar cheese sauce	Gammon & Pineapple Grilled gammon steaks served with a slice of fresh pineapple	Spring Lamb Pie Diced lamb slowly cooked with mint, baby onions and Chanterelle carrots topped with puff pastry	Battered Pollock or fish fingers Tender cuts of pollock battered in our Chef's recipe served with lemon wedge
Cauliflower & Potato Curry A simple Indian Aloo Gobi curry with potatoes, cauliflower, masala sauce served with rice	Vegetable & Bean Tortilla Stacks Sauté vegetables and black-eyed beans in a tomato sauce layered between tortilla bread with mozzarella cheese	3 Cheese Quiche A short crust base filled with sauté leeks, Cheddar, Parmesan and mozzarella cheese and crème fraiche	Woodland Tagliatelle Portobello, oyster, wild and field mushrooms sauté with fresh thyme, onions, cream and tagliatelle	Vegetable & Quorn Chilli A classic chilli bursting with fresh vegetables, healthy Quorn and warmed up with fresh chillies
Burger Theme Bar	Noodle Theme Bar	Pasta Theme Bar	BBQ Theme Bar	Grilled Sausages
Salad Bar, Jacket Potatoes and Deli Bar	Salad Bar, Jacket Potatoes and Deli Bar	Salad Bar, Jacket Potatoes and Deli Bar	Salad Bar, Jacket Potatoes and Deli Bar	Salad Bar, Jacket Potatoes and Deli Bar
French beans Broccoli florets	Sauté leeks Steamed baton carrots Minted new potatoes	Crispy Summer salad Sweetcorn on the cob Crispy potato wedges	Assorted spring vegetables Parsley new potatoes	Mushy and Garden peas Baked beans Chipped potatoes
Strawberry & Rhubarb Crumble A seasonal dessert of rhubarb and strawberries served with custard	Cornflake Tart Shortcrust pastry topped with cornflakes and lashings of golden syrup served with custard. The girl's favourite!	Pear & Chocolate Pavlova Tray baked pavlovas topped with whipped cream, poached pears and runny chocolate sauce	Raspberry & Apple Eves Pudding Autumn fruits and summer berries baked under a light sponge and served with custard	Baked Fruits with Vanilla Sugar Slowly baked fruits topped with vanilla sugar served with vanilla sauce
Fresh Yoghurt bar with assorted toppings Fresh Fruit Chef's sweet choice	Fresh Yoghurt bar with assorted toppings Fresh Fruit Chef's sweet choice	Fresh Yoghurt bar with assorted toppings Fresh Fruit Chef's sweet choice	Fresh Yoghurt bar with assorted toppings Fresh Fruit Chef's sweet choice	Fresh Yoghurt bar with assorted toppings Fresh Fruit Chef's sweet choice