

# Nottingham Girls' High School Summer Week 1 2017

Monday

## Chef's Special

### Italian Lasagne

Minced beef cooked in a tomato sauce with garlic and onions layered with pasta sheets and béchamel sauce topped with grated cheese

### Vegetable Tagine

Vegetables cooked in a mild Eastern sauce and served with coriander cous cous

## Pizza Theme Bar

### Salad Bar and Deli Bar

### Jacket Potato & Baked Beans & Grated Cheese

French beans  
Garden peas  
Minted new potatoes

### Classic Apple Pie

Sliced apples with ground cinnamon topped with short crust pastry served with custard

Fresh yoghurt bar with assorted toppings  
Fresh fruit  
Assorted sliced fruit  
Fresh fruit salad  
Assorted cold sweets

Tuesday

## Chef's Special

### Salmon en Croute

Salmon fillets topped with cream cheese & dill and baked in puff pastry

### Spinach & Ricotta Cannelloni

Pasta tubes filled with ricotta cheese, spinach and topped with a tomato and basil sauce

## Chinese Theme Bar

### Salad Bar and Deli Bar

### Jacket Potato & Baked Beans & Grated Cheese

Lemon carrots  
Broccoli florets  
Sauté potatoes

### Caramel Tart

Sweet short crust pastry with a sweet caramel topping served with custard

Fresh yoghurt bar with assorted toppings  
Fresh fruit  
Assorted sliced fruit  
Fresh fruit salad  
Assorted cold sweets

Wednesday

## Chef's Special

### Roast Leg Lamb

Roast lamb with rosemary and garlic served with mint sauce

### Mushroom & Vegetable Stroganoff

Button mushrooms with vegetables cooked in a creamy sauce served with rice

## Pasta Theme Bar

### Salad Bar and Deli Bar

### Jacket Potato & Baked Beans & Grated Cheese

French beans  
Cauliflower Florets  
Rosemary roast new potatoes

### Apple & Raspberry Crumble

Sliced apples topped with raspberries and an oaty crumble served with custard

Fresh yoghurt bar with assorted toppings  
Fresh fruit  
Assorted sliced fruit  
Fresh fruit salad  
Assorted cold sweets

Thursday

## Chef's Special

### Marinated Chicken

Oven baked chicken with fresh herbs, peppers, onions, new potatoes and tomatoes

### Haloumi Pie

Sauté leeks and vegetables with haloumi cheese and fresh herbs topped with puff pastry

## Brunch Theme Bar

### Salad Bar and Deli Bar

### Jacket Potato & Baked Beans & Grated Cheese

Mixed green salad  
Garlic bread

### Chocolate Profiteroles

Baked choux balls filled with Chantilly cream and topped with chocolate sauce

Fresh yoghurt bar with assorted toppings  
Fresh fruit  
Assorted sliced fruit  
Fresh fruit salad  
Assorted cold sweets

Friday

## Battered Pollock

Tender cuts of pollock freshly battered in our Chef's recipe served with lemon wedge

## Cheese & Red Onion Tart

Shortcrust pastry topped with balsamic red onions, goats cheese and fresh thyme

## Grilled Sausages

### Salad Bar and Deli Bar

### Jacket Potato & Baked Beans & Grated Cheese

Mushy and garden peas  
Baked beans  
Chipped potatoes

### Summer Fruits Eaton Mess

Fresh sliced strawberries, mixed fruits, pieces of meringue, and whipped cream

Fresh yoghurt bar with assorted toppings  
Fresh fruit  
Assorted sliced fruit  
Fresh fruit salad  
Assorted cold sweets

