

Nottingham Girls' High School Summer Week 2 2017

Monday	Tuesday	Wednesday	Thursday	Friday
Chef's Special	Chef's Special	Chef's Special	Chef's Special	
Pork Steak Marinated pork steak with fresh sage, lemon and garlic and served with apple sauce	Salmon & Pasta Bake Flakes of salmon in a creamy sauce with broccoli florets and pasta topped with cheddar cheese	Roast Turkey Roast breast turkey served with bacon chipolata and cranberry sauce and gravy	Steak Pie Slow cooked chuck of beef with locally produced beer and vegetables topped with puff pastry	Battered Pollock Tender cuts of pollock freshly battered and served with lemon wedge
Stir-Fried Savoury Rice Stir-fried brown rice with assorted vegetables	Stuffed Mushrooms Cheesy vegetables and cous cous stuffed field mushrooms	Quorn & Vegetable Kebabs Quorn meatballs and vegetable kebabs with a BBQ sauce	Butterbean Patties Butterbean patties served on a Italian bread with a creamy mushroom sauce	Cheese & Pepper Omelette Diced peppers and a free range egg omelette
Hot Baguette Bar	BBQ Theme Bar	Noodle Theme Bar	Burger Theme Bar	Grilled Sausages Fish Fingers
Salad Bar and Deli Bar	Salad Bar and Deli Bar	Salad Bar and Deli Bar	Salad Bar and Deli Bar	Salad Bar and Deli Bar
Jacket Potato & Baked Beans & Grated Cheese	Jacket Potato & Baked Beans & Grated Cheese	Jacket Potato & Baked Beans & Grated Cheese	Jacket Potato & Baked Beans & Grated Cheese	Jacket Potato & Baked Beans & Grated Cheese
Sauté courgettes & peppers Garden peas Parsley mashed potato	French beans Steamed baton carrots Lyonnaise potatoes	Spring cabbage Broccoli florets Roast potatoes	Cauliflower florets Steamed medley of vegetables Minted new potatoes	Mushy and Garden peas Baked beans Chipped potatoes
Warm Waffles Served with a warm Summer fruit sauce or golden syrup	Bakewell Tart Shortcrust pastry filled with jam topped sponge served with custard	Baked Strawberry Cheesecake A biscuit base topped with a baked strawberry filling topped with fresh strawberries	Peach & Apple Pie A summer fruit pie served with custard	Pear & Chocolate Pavlova Pavlova topped with whipped cream, poached pears and chocolate sauce
Fresh yoghurt bar with assorted toppings Fresh fruit Assorted sliced fruit Fresh fruit salad Assorted cold sweets	Fresh yoghurt bar with assorted toppings Fresh fruit Assorted sliced fruit Fresh fruit salad Assorted cold sweets	Fresh yoghurt bar with assorted toppings Fresh fruit Assorted sliced fruit Fresh fruit salad Assorted cold sweets	Fresh yoghurt bar with assorted toppings Fresh fruit Assorted sliced fruit Fresh fruit salad Assorted cold sweets	Fresh yoghurt bar with assorted toppings Fresh fruit Assorted sliced fruit Fresh fruit salad Assorted cold sweets

